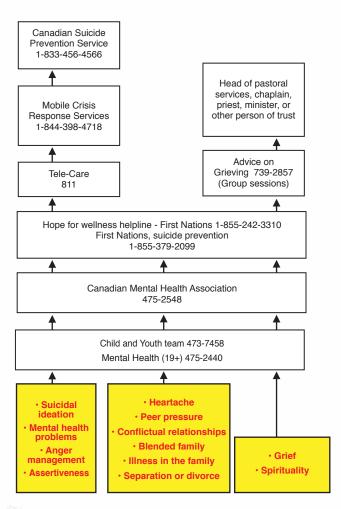
## HELPING TREE

## **HELPLINES** Kids Help Phone 1-800-668-6868 **TEXT 686 868** CHIMO 1-800-667-5005

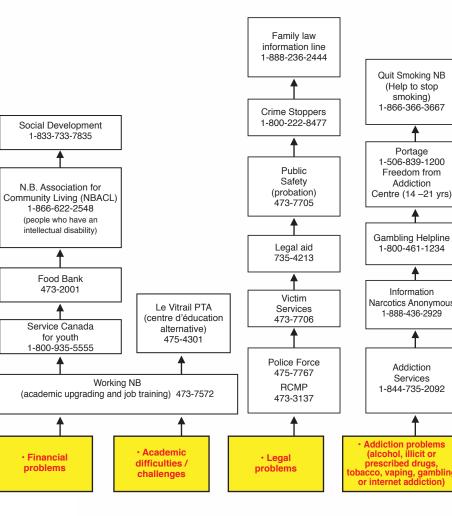
Tel-jeunes 1-800-263-2266



Eating disorders Helpline: ANEB Québec 1-800-630-0907 Tele-Care 811 Hospital 473-7555 Nurse practitioner / Family Doctor Child and Youth team 473-7458 Mental Health (19+) 475-2440 · Physical health

(shelter for women) If under the age of 16, must be accompanied by the mother Outreach Services 740-4888 P.F.L.A.G. Parents and Friends of Lesbians and Gays 1-888-530-6777 L'Éclipse 24 hour service 739-7729 transgender Help and Support Center crisis hotline for sexual abuse. 1-877-330-6366 AIDS INFO Sexual assault 1-800-561-4009 Crisis centre NB STI INFO 24 hour service 811 454-0437 Anonymous In case of sexual HIV testing 811 assault or violence. refer to hospital 473-7555 Prenatal Benefits Program 1-888-987-6789 Child and Youth team 473-7458 Mental Health (19+) 475-2440 Public Health Healthy families Healthy babies Police Force 475-7767 475-2441 RCMP 473-3137 Hospital 473-7555 Social Development 1-833-733-7835 Tele-Care If under the age of 19, legal obligation to report immediately 811 If child is witness to family violence, the reporting obligation applies as well. • Nurse practitioner Family Doctor Physical abuse · Sexual assault Sexual health / STIs **Emotional abuse**  Threats Neglect **Harassment** · Family violence Intimidation · Dating violence Gender identity bullying

**INFORMATION** Escale Madavic 739-6265 (collect call) Maison providence **SERVICES NB** 211



At your school, you can get information and / or support by contacting your teacher, principal, guidance counsellor, nurse practitioner, social worker, psychologist or a member of Child and Youth team (473-7458).

Identify the issue, then the resource.



Once you've identified the issue, look at the support services listed for each (white boxes) and find the one that feels right for you.







The resources identified are not necessarily in order of priority

START HERE

**Grand Falls** and Regions

THELINKPROGRAM.COM

here for you

Take a look at the yellow boxes at the

identify the issue that concerns you.

bottom of the Helping Tree and

If urgent call 911 or go to hospital 473-7555